Compline

Immediately before Compline, the bell is rung in commemoration of the departed. The following prayer is traditionally recited in silence.

De profundis

Out of the depths have I called to you, O Lord;

Lord, hear my voice; *

let your ears consider well the voice of my supplication.

If you, Lord, were to note what is done amiss, *

O Lord, who could stand?

For there is forgiveness with you; *

therefore you shall be feared.

I wait for the Lord; my soul waits for him; * in his word is my hope.

My soul waits for the Lord,

more than watchmen for the morning, *

more than watchmen for the morning.

O Israel, wait for the Lord, *

for with the Lord there is mercy;

With him there is plenteous redemption, *

and he shall redeem Israel from all their sins.

Rest eternal grant to them, O Lord, * and let light perpetual shine upon them.

May they rest in peace. Amen.

The service of Compline begins with all who are able standing.

Opening

All

Officiant The Lord almighty grant us a peaceful night and a perfect end.

All Amen.

Officiant Our God is full of compassion and mercy.

All Mercy is given to those who fear God.

Officiant Let us confess our sins.

A period of silence is kept.

Officiant I confess

to God almighty, to blessed Mary, to all the saints and to you, that I have sinned in thought, word, deed, and omission, by my own fault. Therefore I beg blessed Mary, all the saints, and you, to pray for me to the Lord our God.

May God grant us pardon, absolution, and remission of all our sins. Amen.

The service continues with the hymn.

Alternative Opening

Officiant The God of peace grant us a quiet night and a perfect end.

All Amen.

Officiant The angels of God guard us through the night,

All and quiet the powers of darkness.

Officiant The Spirit of God be our guide

All to lead us to peace and to glory.

Officiant It is but lost labor that we haste to rise up early,

and so late take our rest, and eat the bread of anxiety.

All For those beloved of God are given gifts

even while they sleep.

Officiant Let us confess our sins.

A period of silence is kept.

Officiant We have wounded your love.

All O God, heal us.

Officiant We stumble in the darkness.

All Light of the world, transfigure us.

Officiant We forget that we are your home.

All Spirit of God, dwell in us.

Officiant May God grant us pardon, absolution, and remission of all our

sins.

All Amen.

Hymns 1 & 2 may be sung to the appropriate tune on any day. Hymn 3 is for use in the Office of the Departed using the appropriate tune. Hymn 4 may be sung on any ferial day.

Seasonal Hymn Tunes

Advent Christmas Day until Epiphany (including feasts) **Epiphany & Pentecost Seasons** Lent

Easter Day until Pentecost (including feasts except BVM)



Hymn 1

To you before the close of day, † Creator of the world, we pray that in your mercy you will be | our guardian and security.

By you forgiv'n, may we bestow | your pard'ning love on friend and foe; and with the world, ourselves, and you, | before we sleep, your peace renew.

To you our souls we now commend, | that to our bodies you may send sleep that will us more vig'rous make | to serve you, Lord, when we awake.

O Father, grant that this be done | through Jesus, your eternal Son, who with the Spirit and with you | shall live and reign all ages through.

Hymn 2

O Christ, you are the dawn and day † before whom darkest night gives way, illuminating all our sight, | the source of faith and light of light.

To you, O blessed Lord, we pray, | defend us at the close of day; may all our rest be found in you, | and peace be with us all night through.

Now may our eyelids close in sleep, | our hearts a holy vigil keep; protect us with your strong right hand | who live to keep your love's command.

O Lord, remember us, we cry | who now as mortals live and die; you, our souls' keeper and our friend | be present with us to the end.

O, Father, grant that this be done, | through Jesus your eternal Son, whom with the Spirit we adore | for ever and for ever more.

Hymn 3 Office of the Departed

Into your kind care, Lord of all, † we give the souls departed now; they all await that cleansing love | which their full vision will allow.

Mutely they wait, their need revealed. | We give their prayer a borrowed voice, that we with them one day may know | that joy in which we all rejoice.

Creator Lord, Redeemer, too, | let none be lost that hoped in you. Brood on and cherish wounded hearts: | breathe in them, Spirit, life anew.

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Feast Day Hymn Tunes

Blessed Virgin Mary including Common 1





Common of Saints except BVM



Hymn 4

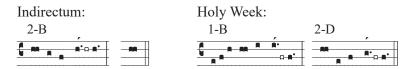
Hymn 4 may be used on any ferial day.



Psalter

Psalms are chanted to the tone Indirectum.

The Holy Week tone is used on Saturday, Sunday, the eve of 1st class feasts, the evenings of 1st and 2nd class feasts, and during Holy Week.



At Office of the Departed, Glory to the Father... is replaced by the following: Rest eternal grant to them, O Lord, * and let light perpetual shine upon them.

Saturday Week 1

Answer me when I call, O God, <u>de</u>fénder óf my cause; * Psalm 4 you set me free when I am hard-pressed; have mercy ón me and héar my prayer.

"You mortals, how long will you dishonor my glóry; * how long will you worship dumb idols and rún after fálse gods?"

Know that the LORD does wonders for the faithful; *

when I cry out, the Lórd will héar me.

Tremble, thén, and dó not sin; *

speak to your heart in sílence upón your bed.

Offer the appointed sácrifices *

and put your trúst in thé LORD.

Many are saying, "Oh, that wé might see bétter times!" *
Lift up the light of your countenance upón us, Ó LORD.

You have put gladness in my heart, *

more than when grain and wine and oil increase.

I lie down in peace; at once I fall asleep; *

for only you, LORD, make me dwéll in sáfety.

You who dwell in the shel<u>ter</u> of the Most High, * abide under the shadow of the Almighty.

You shall say to the Lòrd,

"You are my refuge and my stronghold, *
my God in whom I put my trust."

God shall deliver you from the snáre of the húnter * and from the déadly péstilence.

Psalm 91

God's pinions shall covèr you,

and you shall find refuge under the wings of the LORD; * whose faithfulness shall be a shield and buckler.

You shall not be afraid of <u>any</u> térror bý night, * nor of the <u>árrow</u> that flies by day;

Of the plague that stálks in the dárkness, * nor of the sickness that láys waste at míd-day.

A thousand shall fall at your side

and ten thous<u>and</u> át your right hand, * but it sháll not come néar you.

Your eyes have only to behold *
to see the reward of the wicked.

Because you have made <u>the</u> Lórd your réfuge, * and the Most High your hábitátion,

There shall no e<u>vil</u> háppen tó you, * neither shall any plague c<u>ome</u> néar your dwélling.

For God shall give the <u>áng</u>els charge óver you, * to kéep you in áll your ways.

They shall bé<u>ar</u> you in théir hands, * lest you dash your fóot agáinst a stone.

You shall tread upon the <u>li</u>on and ádder; *

you shall trample the young lion and the serpent únder your feet.

Because they are bound to me in love, therefore will Í delíver them; * I will protect them, because they knów my Name.

They shall call upon me, and Í will ánswer them; *

I am with them in trouble;

I will rescue them and bring them to honor.

With long life will <u>I</u> sátisfý them, * and show them mý salvátion.

Behold now, bless the LORD, all you sérvants óf the LORD, * Psalm 134 you that stand by night in the house of thé LORD.

Lift up your hands in the holy place and bless the LORD; * the LORD who made heaven and earth bless you out of Zion.

Glory to the Father, and to the Son, and to the Hóly Spírit,* as it was in the begînning, is now, and will be for éver. Ámen. the office continues on page 34

Saturday Week 2

- Héar my crý, O God, * and listen tó my prayer.

Psalm 61

I call upon you from the ends of the earth

with héaviness in my heart; *

set me upon the rock that is higher than I.

For you have béen my réfuge, *

a strong tower against the énemy.

I will dwell in your house for éver; *

I will take refuge under the <u>có</u>ver of your wings.

For you, O Gód, have héard my vows; *

you have granted me the heritage of those who féar your Name.

Add length of dáys to the king's life; *

with years extending over many génerations.

Let our ruler sit enthroned bef<u>ore</u> Gód for éver; * watched over by your lóve and fáithfulness.

So will I always sing <u>the</u> práise of your Name, * and day by day I w<u>ill</u> fulfill mý vows.

At all times Í will bléss the LORD; *

Psalm 34

whose praise shall ever bé in mý mouth.

I will glóry in the LORD; *

let the hum<u>ble</u> héar and réjoice.

Proclaim with me <u>the</u> gréatness óf the LORD; * let us exalt the Name of <u>the</u> LóRD togéther.

I sought the Lórd, who answered me * and delivered me out of all my terror.

Look upon the L<u>órd</u> and be rádiant, * and let not y<u>our</u> fáces bé ashamed.

I called in my affliction <u>ánd</u> the LORD héard me * and saved me from áll my tróubles.

The angel of the LORD encompassés the God-féaring, * and the LÓRD will deliver them.

Taste and sée that the Lórd is good; *

happy are they who trúst in thé LORD!

Fear the Lórd, you hóly ones, *

for those who are God-féaring lack nóthing.

The young lions lack and súffer húnger, *

but those who seek the LORD lack nóthing thát is good.

Come, children, and listen tó me; *

I will teach you the féar of the LORD.

Who amóng you lóves life *

and desires long life to enjóy prospérity?

Keep your tongue from évil-spéaking * and your lips from lýing words.

Turn from <u>év</u>il and dó good; * seek <u>péace</u> and pursúe it.

The eyes of the LORD are <u>up</u>ón the righteous, * and his ears <u>are</u> ópen tó their cry.

The face of the LORD is against those who do évil, * to root out the remembrance of them from the earth.

The righteous cry, <u>and</u> thé LORD héars them * and delivers them from áll their tróubles.

The LORD is near to the brokenhearted * and will save those whose spirits are crushed.

Many are the troubles of the righteous, * but the LORD will deliver him out of them all.

The LORD will keep safe the b<u>ónes</u> of the righteous; * not one of t<u>hem</u> sháll be bróken.

Evil shall sláy the wicked, * and those who hate the righteous will be púnished.

The LORD ransoms the life of those chosen to serve, * and none will be punished who trust in the LORD.

Glory to the Father, and to the Son, and to the Hóly Spirit,* as it was in the begînning, is now, and will be for éver. Ámen. the office continues on page 34

Sunday Week 1

O LORD, I call to you; <u>cóme</u> to me quickly; * hear my vóice when I crý to you.

Let my prayer be set forth in your sight as incense, *
the lifting up of my hands as the évening sácrifice.

Set a watch before my mouth, O LORD,

and guard the dóor of mý lips; *

let not my heart incline to ány évil thing.

Let me not be occupied in wickedness with évildoers, * nor éat of their chôice foods.

Let the righteous smite me in friendly rebùke;

let not the oil of the unrighteous anoint my head; * for my prayer is continually against their wicked deeds.

Let their rulers be overthrown <u>in</u> stóny pláces, * that they may knów my wórds are true.

As when a plower turns over <u>the</u> éarth in fúrrows, * let their bones be scattered at <u>the</u> mouth of the grave.

But my eyes <u>are</u> túrned to yóu, Lord God; *

Psalm 141

in you I take refuge;

do not strip me of my life.

Protect me from the snare which they have laid for me * and from the traps of the évildoers.

Let the wicked fall <u>in</u>tó their ówn nets, * while Í mysélf escape.

Bow down your ear, O Lórd, and ánswer me, * for I am póor and in misery.

Psalm 86

for I am poor and in misery.

Keep watch over my life, <u>for</u> Í am fáithful; * save your servant for <u>I</u> pút my trúst in you.

Be merciful to me, O LORD, <u>for</u> you are mý God; * I call upon you all the dáy long.

Gladden the soul of your servant, *

for to you, O LORD, <u>I</u> lift up mý soul.

For you, O LORD, are <u>góod</u> and forgiving, * and great is your love toward all <u>who</u> cáll upón you.

Give ear, \underline{O} Lórd, to mý prayer, *

and attend to the voice of my súpplicátions.

In the time of my trouble I will cáll upón you, * for you will ánswer me.

Among the gods there <u>is</u> nóne like yóu, O LORD, * nor <u>ány</u>thing líke your works.

All nations you have made will come <u>and</u> wórship yóu, O LORD, * <u>and</u> glórifý your Name.

For you are great; you do wondrous things; * and you alone are God.

Teach me your way, O LORD,

and I will walk in your truth; *

knit my heart to you that Í may féar your Name.

I will thank you, O LORD my Gód, with all my heart, * and glorify your Name for evermore.

For gréat is your love toward me; *

you have delivered me from the néthermóst Pit.

The arrogant rise up against me, O Gòd,

and a violent mób seeks mý life; *

they have not set you before their eyes.

But you, O LORD, are gracious and <u>fúll</u> of compássion, * slow to anger, and full <u>of</u> kindness ánd truth.

Turn to me and have <u>mér</u>cy upón me; * give your strength to your servant; and save the child of your hándmaid.

Show me a sign of your favòr, so that those who hate me may <u>sée</u> it and bé ashamed; * because you, O LORD, have helped me <u>and</u> cómfortéd me.

Glory to the Father, and to the Son, and to the Hóly Spirit,* as it was in the begînning, is now, and will be for éver. Ámen. the office continues on page 34

Sunday Week 2

Truly, God <u>is</u> góod to Ísrael, * to thóse who are púre in heart.

But as for me, mý feet had néarly slipped; *

I had almost tripped and fállen;

Because <u>I</u> énvied thé proud * and saw the prosperity of the wicked:

For they suffer nó pain, * and their bódies are sléek and sound:

In the misfortunes of <u>óthers</u> they have no share; * they are not afflicted as óthers are;

Therefore they wear their pride like a nécklace * and wrap their violence about them like a cloak.

Their iniquity comes from gross minds, * and their hearts overflow with wicked thoughts.

They scoff <u>and</u> spéak maliciously; * out of their haughtiness <u>they</u> plán oppréssion.

They set their mouths <u>ag</u>áinst the héavens, * and their e<u>vil</u> spéech runs through the world.

And so <u>the</u> péople túrn to them * <u>and</u> fínd in thém no fault.

They <u>say</u>, "Hów should Gód know? * is there knowl<u>edge</u> in the Móst High?"

So then, these are the wicked; * always at éase, they incréase their wealth.

In vain have <u>I</u> képt my héart clean, * and washed <u>my</u> hánds in innocence.

I have been <u>afflicted</u> áll day long, * and punished évery mórning.

Had I gone <u>on</u> spéaking this way, *
I should have betrayed the generation of your children.

When I tried to únderstánd these things, * it was too hárd for me;

Psalm 73

Until I entered the sanc<u>tu</u>áry óf God * and discerned the <u>énd</u> of the wicked.

Surely, you set them in <u>slippery</u> pláces; * you cast them dówn in rúin.

Oh, how suddenly do they <u>cóme</u> to destrúction, * come to an end, and pérish from térror!

Like a dream when one <u>aw</u>ákens, Ó LORD, * when you arise you will make <u>their</u> image vánish.

When my mind <u>be</u>came embittered, *

I was sorely wounded in my heart.

I was stupid and had <u>no</u> únderstánding; *
I was like a brute béast in your présence.

Yet I <u>am</u> álways with you; * you hold me bý my right hand.

You will guide <u>me</u> bý your cóunsel, * and afterwards recéive me with glóry.

Whom have I <u>in</u> héaven bút you? *

and having you I desire nóthing upón earth.

Though my flesh and my héart should waste away, *
God is the strength of my heart and my portion for éver.

Truly, those who for<u>sáke</u> you will pérish; * you destroy all who áre unfáithful.

But it is good <u>for</u> mé to be néar God; *

I have made the LORD Gód my réfuge.

I will spéak of all your works * in the gates of the city of Zion.

Glory to the Father, and to the Son, and to the Hóly Spírit,* as it was in the begînning, is now, and will be for éver. Ámen. the office continues on page 34

Monday Week 1

Help me, LORD, for there is <u>no</u> gódly óne left; * the faithful have vanished fróm amóng us.

Psalm 12

All speak falsely with their néighbor; *

with a smooth tongue they spéak from a dóuble heart.

Oh, that the LORD would <u>cút</u> off all smóoth tongues, * and close the lips that útter próud boasts!

Those who say, "With our tóngue will wé prevail; * our lips are our own; whó is lord óver us?"

"Because the needy are oppressed, and the poor cry out in misery, *

I will rise up," says the LORD, "and give them the hélp they lóng for."

The words of the Lórd are pure words, * like silver refined from ore and purified séven times in the fire.

O Lórd, watch óver us *

and save us from this generation for éver.

The wicked prówl on évery side, * and that which is worthless is highly prized by éveryone.

Protect me, O God, for I take réfuge in you; *

I have said to the LORD, "You are my Lord,
my good above all other."

All my delight is upon the godly thát are in the land, * upon those who are noble amóng the péople.

But those who <u>rún</u> after óther gods * shall have th<u>eir</u> tróubles múltiplied.

Their libations of blood <u>I</u> will not offer, * nor take the names of their gods upon my lips.

O LORD, you are my pórtion ánd my cup; * it is yóu who uphóld my lot.

My boundaries <u>en</u>clóse a pléasant land; * indeed, I have <u>a</u> góodly héritage.

I will bless the LORD who gives me counsel; * my heart teaches me, night after night.

I have set the LORD <u>ál</u>ways befóre me; * because you are at my right hánd I sháll not fall.

My heart, therefore, is glad, and my <u>spi</u>rit rejóices; * my body <u>al</u>só shall rést in hope.

For you will not a<u>bán</u>don me tó the grave, * nor let your <u>hó</u>ly one sée the Pit.

You will show me the path of life; *
in your presence there is fullness of joy,
and in your right hand are pléasures for évermore.

In the LORD have <u>I</u> taken refuge; *
how then can you say to me,
"Fly away like a bird to the hilltop;

For see how the wicked bend the bow

and fit their arrows to the string, *
to shoot from ambush at the true of heart.

When the foundations <u>are</u> béing déstroyed, * whát can the righteous do?"

Psalm 16

Psalm 11

The LORD is in <u>the</u> hóly témple; * the LORD's thróne is in héaven.

The LORD's eyes behold the <u>in</u>hábitéd world; *
The LORD's piercing eye wéighs our worth.

The LORD weighs the righteous as w<u>éll</u> as the wicked, * but abhors those who delight in violence.

Upon the wicked he shall rain coals of fire <u>and</u> búrning súlphur; * a scorching wind shall bé their lot.

For the LORD, who is righteous, <u>delights</u> in righteous deeds; * and the just shall see <u>the</u> face of the LORD.

Glory to the Father, and to the Son, and to the Hóly Spirit,* as it was in the begînning, is now, and will be for éver. Ámen. the office continues on page 34

Monday Week 2

Hear my plea of innocence, O Lòrd;

Psalm 17

give héed to mý cry; *

listen to my prayer, which does not come from lying lips.

Let my vindication come f<u>orth</u> from your présence; * let your eyes be fixed on justice.

Weigh my heart, súmmon mé by night, * melt me down; you will find no impúrity in me.

I give no offense with my mouth as others do; *

I have heeded the words of your lips.

My footsteps hold fast to <u>the</u> wáys of your law; * in your paths my <u>féet</u> shall not stúmble.

I call upon you, O God, <u>for</u> you will ánswer me; * incline your ear <u>to</u> mé and héar my words.

Show me your marvelous lóving-kíndness, *

O Savior of those who take refuge at your right hand from those who <u>rise</u> up against them.

Keep me as the apple of your eye; *

hide me under the shádow óf your wings,

From the wicked who assault me, *

from my deadly enemies whó surróund me.

They have closed their heart to pity, * and their mouth speaks proud things.

They press me hard, <u>now</u> théy surround me, * watching how they <u>may</u> cást me tó the ground,

Like a lion, gréedy fór its prey, *

and like a young lion lurking in sécret places.

Arise, O LORD; confrónt them and bring them down; * deliver me from the wicked bý your sword.

Deliver me, O Lórd, by your hand *

from those whose portion in life is this world;

Whose bellies you <u>fill</u> with your tréasure, * who are well supplied with children and leave their wéalth to their little ones.

But at my vindication I shall sée your face; *

when I awake, I shall be satisfied, behólding your likeness.

I will exalt you, O Lòrd,

Psalm 30

because you have lifted mé up *

and have not let my enemies triumph over me.

O LORD my <u>Gód</u>, I cried óut to you, * and you <u>res</u>tóred me tó health.

You brought me <u>úp</u>, O LORD, fróm the dead; * you restored my life as I was going dówn to thé grave.

Sing to the LORD, <u>you</u> fáithful sérvants; * give thanks for the remembrance óf God's hóliness.

For God's wrath lasts but the twinkling of an eye, * God's favor endures for a lifetime.

Wéeping may spénd the night, * but joy comes in the mórning.

While I felt secure, I said, "I sh<u>all</u> néver bé disturbed. * You, LORD, with your favor, made me as stróng as the móuntains."

_ Thén you hid your face, * and I was filled with fear.

I cried to you, O Lord; *

I pleaded with the Lord, saying,

"What profit is there in my blood, if I go dówn to thé Pit? * will the dust praise you or decláre your fáithfulness?

Hear, O LORD, and have mércy upón me; *

O Lórd, be my hélper."

You have turned my wailing into dáncing; *

you have put off my sack-cloth and clothed me with joy.

Therefore my heart sings to you without céasing; * O LORD my God, I will give you thánks for éver.

Glory to the Father, and to the Son, and to the Hóly Spírit,* as it was in the begînning, is now, and will be for éver. Ámen.

the office continues on page 34

Tuesday Week 1

In you, O LORD, have I taken refuge;

let me <u>név</u>er be pút to shame; *

deliver me in your righteousness.

Incline your éar to me; *

make háste to deliver me.

Be my strong rock, a castle to keep mè safe,

for you are my crág and my strónghold; *

for the sake of your Name, léad me and gúide me.

Psalm 31

Take me out of the net that they have <u>séc</u>retly sét for me, * for you are <u>my</u> tówer óf strength.

Into your hands I commend my spirit, *

for you have redeemed me,

O Lórd, O Gód of truth.

I hate those who cling to worthless idols, *

and I put my trúst in thé LORD.

I will rejoice and be glad be<u>cáuse</u> of your mércy; *

for you have seen my affliction;

you knów my distress.

You have not shut me up in the power of the énemy; *

you have set my féet in an ópen place.

Have mercy on me, O LORD, for <u>I</u> ám in tróuble; *

my eye is consumed with sorrow,

and also my thróat and my bélly.

For my life is wasted with grief,

and my yéars with sighing; *

my strength fails me because of affliction,

and my bónes are cónsumed.

I have become a reproach to all my enemies and even to my neighbors,

a dismay to those of mý acquáintance; *

when they see me in the stréet they avoid me.

I am forgotten, out of mind, as if I were dead; *

I am as usel<u>ess</u> ás a bróken pot.

For I have heard the whispering of the crowd;

- féar is áll around; *

they put their heads together against me;

they plót to táke my life.

But as for me, I have <u>trús</u>ted in yóu, O LORD. *

I have said, "You are mý God.

My times are in your hand; *

rescue me from the hand of my enemies, and from those who persecute me.

Make your face to shine upón your sérvant, * and in your loving-kindness sáve me."

LORD, let me not be ashamed for having cálled upón you; * rather, let the wicked be put to shame; let them be silent in thé grave.

Let the lying lips be silenced which speak against the righteous, * haughtily, disdainfullý, and with contempt.

How great is your goodness, O Lòrd!

which you have laid up <u>for</u> those who féar you; * which you have done in the sight of all for those who pút their trúst in you.

You hide them in the covert of your presence f<u>rom</u> those who slánder them; *

you keep them in your shelter from the strife of tongues.

_ Bléssed bé the LORD! *

for you have shown me the wonders of your love in <u>a</u> bésieged city.

Psalm 133

Yet I said in my àlarm,

"I have been cut off from the sight of your eyes." *

Nevertheless, you heard the sound of my entreaty when I cried out to you.

Love the LORD, all you who are faithful; *

the LORD protects the pious,

but repays to the full those whó act háughtily.

Be strong and let your héart take cóurage, *

all you who wait for the LORD.

Oh, how good and pléasant it is, *

when the community lives togéther in únity!

It is like fine óil upón the head *

that runs dówn upón the beard,

Upon the béard of Áaron, *

and runs down upon the cóllar óf his robe.

It is like the déw of Hérmon *

that falls upon the hills of Zion.

For there the LORD has ordáined the bléssing: *

- life for évermore.

Glory to the Father, and to the Son, and to the Hóly Spírit,* as it was in the begînning, is now, and will be for éver. Ámen.

the office continues on page 34

Tuesday Week 2

God arises in the c<u>óun</u>cil of héaven; * and gives judgment in <u>the</u> midst of thé gods:

"How long will you judge unjustly, * and show favor to the wicked?

and show favor to the wicked

Save the w<u>éak</u> and the órphan; * defend the húmble and néedy;

Rescue the wéak and thé poor; *

deliver them from the power of the wicked.

They do not know, neither do they understand;

they go abóut in dárkness; *

all the foundations of the éarth are sháken.

Now I sáy to you, 'Yóu are gods, *

and all of you children of the Most High;

Nevertheless, you shall die like mortals, * and fall like any leader.'

Arise, O Gód, and rúle the earth, *

for you shall take all nátions fór your own.

Rejoice in the Lórd, you righteous; *

it is good for the just to sing praises.

Praise the Lórd with thé harp; *

play upon the psálterý and lyre.

Sing for the Lórd a néw song; *

sound a fanfare with all your skill upón the trúmpet.

For your word, O Lórd, is right, *

and all your works are sure.

You love righteousnéss and jústice; *

your loving-kindness, O LORD, fills the whóle earth.

By your word, O Lórd, were the héavens made, *

by the breath of your mouth all the héavenlý hosts.

You gather up the waters of the ocean <u>as</u> in a water-skin * and store up the depths of the sea.

Let <u>áll</u> the earth féar the LORD; *

let all who dwell in the world stand in réverence.

For the LORD spóke, and it came to pass; *

the LORD commanded, and it stood fast.

The LORD brings the will of the nations to naught; * and thwarts the designs of the péoples.

But the LORD's will stands fást for éver, *

and the designs of the LORD's héart from age to age.

Happy is the nation whose God is the LORD! *

Psalm 82

Psalm 33

happy the people you have chósen to bé your own!

O LORD, you look dówn from héaven, * and behold all the péople in the world.

From where you sit <u>en</u>throned you turn your gaze * on all who dwell on the earth.

You fashion all the hearts of them * and understand all their works.

There is no ruler that can be saved by <u>a</u> mighty ármy; * a warrior is not de<u>livered</u> by gréat strength.

The horse is a vain hope for deliverance; * for all its strength it cannot save.

Behold, your eye, O LORD, is up<u>on</u> those who féar you, * on those who wait upon your love,

To plúck their lives from death, * and to feed them in time of fámine.

Our s<u>oul</u> wáits for yóu, O LORD; * you are <u>our</u> hélp and óur shield.

Indeed, our heart <u>rej</u>óices in you, * for in your ho<u>ly</u> Náme we pút our trust.

Let your loving-kindness, O Lórd, be upón us, * as we have pút our trúst in you.

Glory to the Father, and to the Son, and to the Hóly Spirit,* as it was in the begînning, is now, and will be for ever. Amen.

the office continues on page 34

Wednesday Week 1

Hear this, all you peoplès;

Psalm 49

hearken, all you who dwéll in thé world, *

you of high degree and low, rich and poor together.

My mouth shall spéak of wisdom, *

and my heart shall meditate on understanding.

I will incline my <u>éar</u> to a próverb *

and set forth my riddle upón the harp.

Why should I be afráid in évil days, *

when the wickedness of those at my héels surrounds me,

The wickedness of those who put their trust in their goods, * and boast of their great riches?

We can never ránsom óurselves, *

or deliver to God the price of our life;

For the ransom of our life is so great, *

that we should never have enough to pay it,

In order to live for <u>év</u>er and éver, *

and néver sée the grave.

For we see that the wise die alsò;

like the dull and stúpid they pérish *

and leave their wealth to those who come after them.

Their graves shall be their homes for ever,

their dwelling places from generation to génerátion, *

though they call the lands <u>áf</u>ter their ówn names.

Even though honored, they can<u>not</u> live for éver; * they are like <u>the</u> béasts that pérish.

Such is the way of those who foolishly trúst in thémselves, * and the end of those who delight in their ówn words.

Like a flock of sheep they are destined to diè;

Déath is their shépherd; *

they go down stráightway tó the grave.

Th<u>eir</u> fórm shall wáste away, *

and the land of the déad shall bé their home.

But God will ránsom mý life; *

and snatch \underline{me} from the grasp of death.

Do not be envious when sóme becóme rich, * or when the grandeur of their hóuse incréases;

For they will carry nothing <u>aw</u>áy at théir death, * nor will th<u>eir</u> grándeur fóllow them.

Though they thought highly of themsélves while théy lived, * and were práised for théir success,

They shall join the company of their ancestors, * who will never see the light again.

Those who are honored, but have <u>no</u> únderstánding, * are like the béasts that pérish.

Clap your hánds, all you péoples; * shout to Gód with a crý of joy.

For the LORD Most High is to be feared; * the great Sov'reign over all the earth.

The LORD subdues the péoples únder us, * and the nations únder our feet.

The LORD chooses our inhéritance for us, * the pride of the beloved Jácob.

God has gone úp with á shout, *

the LORD with the sound of the ram's horn.

Sing praises to Gód, sing práises; *

Psalm 47

sing praises to our Sóv'reign, sing práises.

For God is <u>Sóv</u>'reign of áll the earth; * sing p<u>ráises</u> with áll your skill.

God reigns <u>óv</u>er the nátions; *

God sits upon héaven's hóly throne.

The nobles of the peoples have <u>gáthered</u> togéther * with the people of <u>the</u> Gód of Ábraham.

The rulers of the éarth belong to God, * and God is highly exalted.

Glory to the Father, and to the Son, and to the Hóly Spirit,* as it was in the begînning, is now, and will be for éver. Ámen. the office continues on page 34

Wednesday Week 2

Save me, O Gód, by your Name; * in your might, defend my cause.

Psalm 54

- Héar my práyer, O God; *

give ear to <u>the</u> wórds of mý mouth. For the arrogant have risen up against mè,

and the <u>rúth</u>less have sought my life, * those who have nó regárd for God.

Behold, Gód is my hélper; *

it is the Lord who sustains my life.

Render evil to those who spý on me; * in your faithfulnéss, destróy them.

I will offer you <u>a</u> fréewill sácrifice * and praise your Name, O Lórd, for it is good.

For you have rescued me f<u>rom</u> évery trouble, * and my eye has seen <u>the</u> rúin óf my foes.

The LORD, the God of góds, has spóken; * Psalm 50 and has called the earth from the rising of the sún to its sétting.

Out of Zion, perfect in its béauty, * God shines forth in glóry.

Our God will come and will nót keep silence; * before God there is a consuming flame, and round about a ráging storm.

God calls the heavens and <u>the</u> éarth from ábove * to witness the judgment of <u>the</u> chósen péople.

"Gather before me <u>my</u> lóyal fóllowers, * those who have made a covenant with me

and séaled it with sácrifice."

Let the heavens declare the <u>right</u>ness of Gód's cause; * for it <u>is</u> Gód who is judge.

Hear, O my people, and I will speak:

"O Israel, I will bear witness agáinst you; * for Í am Gód, your God.

I do not accuse you because of your sácrifices; * your offerings are <u>ál</u>ways befóre me.

I will take <u>no</u> búll-calf fróm your stalls, * nor he-goats óut of your pens;

For all the beasts of <u>the</u> fórest áre mine, * the herds in their <u>thóu</u>sands upón the hills.

I know every bird in the sky, * and the creatures of the fields are in my sight.

If I were hungry, <u>I</u> would not tell you, * for the whole world is mine and all that is in it.

Do you think <u>I</u> éat the flésh of bulls, * <u>or</u> drink the blóod of goats?

Offer to God a sacrifice of thanksgiving * and make good your vows to the Most High.

Call upon me in <u>the</u> dáy of tróuble; *
I will deliver you, <u>and</u> yóu shall hónor me."

But to the wicked Gód says: *

"Why do you recite my statutes, and take my covenánt upón your lips;

Since <u>yóu</u> refuse discipline, * and toss my wórds behind your back?

When you see thieves, <u>you</u> make them your friends, * and you cast in your <u>lót</u> with adúlterers.

You have loosed your lips for évil, * and harnessed your tongue to á lie.

You are always speaking <u>évil</u> of your kin * and slandering your own flésh and blood.

These things you have done, and Í kept still, * and you thought that Í am líke you."

"I have made my áccusátion; *

I have put my case in <u>ór</u>der befóre your eyes.

Consider this well, <u>you</u> who forget God, *

lest I rend you and there be none to deliver you.

Whoever offers me the sacrifice of thanksgiving hónors me; * but to those who keep in my way will I show the <u>sal</u>vátion óf God."

Glory to the Father, and to the Son, and to the Hóly Spirit,* as it was in the begînning, is now, and will be for éver. Ámen. the office continues on page 34

Thursday Week 1

Rescue me from my énemies, O God; * protect me from those who rise up against me.

Psalm 59

Rescue me f<u>rom</u> évildóers *

and save me from those who thirst for my blood.

See how they lie in wait for my life,

how the mighty gather togéther agáinst me; * not for any offense or fáult of míne, O LORD.

Not because of any guilt of mine *

they run and prepare themsélves for báttle.

Rouse yourself, come to my side, and see; *

for you, LORD God of hosts, are Ísraél's God.

Awake, and punish <u>áll</u> the ungódly; *

show no mercy to those who are faithless and évil.

They go to and <u>fró</u> in the évening; *

they snarl like dogs and run about the city.

Behold, they boast with their mouths,

and táunts are ón their lips; *

"For who," they sáy, "will héar us?"

But you, O Lórd, you láugh at them; * you laugh all the ungódly tó scorn.

My eyes are fixed on you, O mý Strength; * for you, O Gód, are my strónghold.

My merciful God cómes to méet me; *

God will let me look in triumph on my enemies.

Slay them, O God, lest my péople fórget; * send them reeling by your might and put them dówn, O Lórd our shield.

For the sins of their mouths, for the words of their lips,

for the cursing and lies that they útter, *

let them be cáught in théir pride.

Make an <u>énd</u> of them in your wrath; * make an end of them, and they shall bé no more.

Let everyone know that <u>Gód</u> rules in Jácob, * and to <u>the</u> énds of thé earth.

They go to and fró in the évening; *

they snarl like dogs and run about the city.

They fórage fór food, *

and if they are not filled, they howl.

For my part, I will sing of your strength; *

I will celebrate your love in the morning;

For you have <u>be</u>come my stronghold, *

a refuge in the dáy of my tróuble.

To you, O my Stréngth, will Í sing; *

for you, O God, are my stronghold and my mércifúl God.

For God alone my sóul in sílence waits; *

Psalm 62

from God comes mý salvátion.

God alone is my rock <u>and</u> mý salvátion, * my stronghold, so that I shall not be gréatly sháken.

How long will you assail me to crush me, all <u>of</u> you togéther, * as if you were a lean<u>ing</u> fénce, a toppling wall?

They seek only to bring me down from my place of honor; * lies are their chief delight.

They bléss with théir lips, *

but in their héarts they curse.

For God alone my soul in silence waits; * truly, my hope is in God.

God alone is my rock <u>and</u> mý salvátion, * my stronghold, so that I sh<u>all</u> nót be sháken.

In God is my safety ánd my hónor; *

God is my strong róck and my réfuge.

Put your trust in God <u>ál</u>ways, O péople, *

pour out your hearts before God who is our réfuge.

Those of high degree <u>are</u> bút a fléeting breath, * even those of low estate cánnot be trústed.

On the scales they <u>are</u> lighter thán a breath, * all <u>of</u> thém togéther.

Put no trust in extortion;

in robbery táke no émpty pride; *

though wealth increase, set not your héart upón it.

God has spoken once, twice have I heard it, * that power belongs to God.

Steadfast lóve is yours, O Lord, *

for you repay everyone according to their deeds.

Glory to the Father, and to the Son, and to the Hóly Spírit,* as it was in the begînning, is now, and will be for éver. Ámen. the office continues on page 34

Thursday Week 2

Lord, you have been our refuge * from one generation to another.

Psalm 90

Before the mountains were brought forth,

or the lánd and the éarth were born, *

from age to áge you áre God.

You turn us báck to the dúst and say, *

"Go báck, O child of earth."

For a thousand years in your sight are like yes<u>ter</u>dáy when it is past * and like <u>a</u> wátch in thé night.

You sweep us <u>aw</u>áy like á dream; *

we fade away súddenly like the grass.

In the morning it is gréen and flóurishes; *

in the evening it is dried up and withered.

For we consume away in your displéasure; *

we are afraid because of your wrathful indignation.

Our iniquities you have sét befóre you, *

and our secret sins in the light of your countenance.

When you are angry, áll our dáys are gone; *

we bring our years to an énd like á sigh.

The span of our life is seventy years,

perhaps in stréngth even éighty; *

yet the sum of them is but labor and sorrow, for they pass away quickly and we are gone.

Who regards the power of your wrath? *

who rightly fears your indignation?

So teach us \underline{to} númber óur days *

that we may apply our héarts to wisdom.

Return, O Lord; how long will you tárry? *

be gracious tó your sérvants.

Satisfy us by your loving-kindness in the morning; *

so shall we rejoice and be glad all the dáys of our life.

Make us glad by the measure of the days that you afflicted us * and the years in which we suffered adversity.

Show your sérvants your works *

and your splendor tó their children.

May the graciousness of the LORD our <u>Gód</u> be upón us; * prosper the work of our hands;

prósper our hándiwork.

Not to us, O LORD, not tò us,

but to your Name give glóry; *

Psalm 115

because of your love and because of your faithfulness.

Why should the héathen say, *

_"Whére then is their God?"

Our Gód is in héaven; *

whatever God wills to do Gód does.

Their idols are silver and gold, *

the work of human hands.

They have mouths, but they cannot speak; * eyes have they, but they cannot see;

They have <u>éars</u> but they cánnot hear; *

noses, bút they cánnot smell;

They have hands, but they cannot feel;

féet, but they cánnot walk; *

they make <u>no</u> sound with their throat.

Those who máke them are like them, * and so are all who pút their trúst in them.

O Israel, trúst in thé LORD; * who is your hélp and your shield.

O house of Aa<u>ron</u>, trúst in thé LORD; *

who is your hélp and your shield.

You who fear the LORD, trúst in thé LORD; * who is your hélp and your shield.

The LORD has been mindful of ús, and will bléss us; *

the LORD will bless the house of Israel; and will bless the house of Áaron;

The LORD will bléss the God-féaring, * both small and gréat togéther.

May the LORD <u>in</u>créase you móre and more, * you and your children áfter you.

May you be blessed by the LORD, *

the maker of héaven ánd earth.

The heaven of héavens is the Lord's, *

but the LORD entrusted the <u>éarth</u> to its péoples.

The déad do not práise the LORD, *

nor all those who go dówn into sílence;

But wé will bléss the LORD, *

from this [time] f[o]rth for [e]vermore. [Hállelújah!]

Glory to the Father, and to the Son, and to the Hóly Spírit,* as it was in the begînning, is now, and will be for éver. Ámen. the office continues on page 34

Friday Week 1

Héar my práyer, O God; *
 do not hide yourself from mý petítion.

Listen to mé and ánswer me; *

I have no peace, because of mý cares.

Psalm 55

I am shaken by the n<u>óise</u> of the énemy * and by the press<u>ure</u> óf the wicked;

For they have cast an evil spéll upón me * and are set agáinst me in fúry.

My heart quakes within me, *

and the terrors of death have fállen upón me.

Fear and trembling háve come óver me, * and horror óverwhélms me.

And I said, "Oh, that I <u>had</u> wings like á dove! * I would fly awáy and bé at rest.

I would flée to a fár-off place *

and make my lodging in the wilderness.

I would hásten tó escape *

from the stormy wind and tempest."

Swallow them up, O Lórd; confound their speech; * for I have seen violence and strife in the city.

Day and night the watchmen make their rounds upon its walls, * but trouble and misery are in the midst of it.

There is corrúption át its heart; *

its streets are never free of oppréssion and deceit.

For had it been an adversary who tauntèd me,

then I could have borne it; *

or had it been enemies who vaunted themselves against me, then I could have hidden from them.

But it was yóu, my compánion, *

my own familiar friend, déar to my ówn heart.

We took sweet counsel togéther, *

and walked with the throng in the house of God.

Let death come upon them suddenly;

let them go down alive intó the grave; *

for wickedness is in their dwellings, in their véry midst.

But I will cáll upón God, *

and the Lórd will deliver me.

In the evening, in the morning, and at noonday,

I will compláin and láment, *

and the Lórd will héar my voice.

God will bring me safely back from the bat<u>tle</u> wáged agáinst me; * for there are <u>mány</u> who fight me.

God, who is enthroned of old, will <u>héar</u> me and bring them down; * they never change; they dó not féar God.

My companion stretched forth a hand <u>ag</u>áinst a cómrade; * <u>and</u> bróke a cóvenant.

The speech of my companion is <u>sóf</u>ter than bútter, *
_ bút with wár at heart.

The words of my comrade <u>are</u> smoother than oil, * but they are drawn swords.

Cast your burden upon thè LORD,

whó will sustáin you; *

The Lord will never let the righteous stúmble.

For you will bring the bloodthirsty and deceitful * down to the pit of destruction, O God.

They shall <u>not</u> live out half their days, * but I will put my trust in you.

 \underline{O} Lórd, I ám not proud; *

Psalm 131

I háve no háughty looks.

I do not occupy mysélf with great mátters, * or with things that áre too hárd for me.

But I still my soul and make it quièt,

like a child <u>up</u>ón its móther's breast; * my soul is quietéd within me.

O Israel, wait upon the LORD, * from this time forth for evermore.

Glory to the Father, and to the Son, and to the Hóly Spírit,* as it was in the begînning, is now, and will be for éver. Ámen. the office continues on page 34

Friday Week 2

O LORD, <u>my</u> Gód, my Sávior, * by day and night I crý to you.

Psalm 88

Let my prayer enter <u>into</u> your présence; * incline your ear to my lámentátion.

For I am fúll of tróuble; *

my life is at the brink of the grave.

I am counted among those who go dówn to thé Pit; *

I have become like one who has no strength;

_ Lóst amóng the dead, *

like the slain who lie in the grave,

Whom you remémber nó more, *

for they are cut off from your hand.

You have laid me in <u>the</u> dépths of thé Pit, * in dark places, ánd in thé abyss.

Your anger weighs <u>up</u>ón me héavily, * and all your great wáves overwhélm me.

You have put my friends far from me;

you have made me to bé abhórred by them; *

I am in prison and cánnot gét free.

My sight has failed me because of trouble; *

LORD, I have called upon you daily;

I have str<u>étched</u> out my hánds to you. Do you work wónders fór the dead? *

will those who have died stand up and give you thanks?

Will your loving-kindness be <u>dec</u>láred in thé grave? * your faithfulness in the <u>lánd</u> of destrúction?

Will your wonders be knówn in thé dark? *

or your righteousness in the country where <u>áll</u> is forgótten?

But as for me, O LORD, <u>I</u> crý to yóu for help; * in the morning my prayer cómes befóre you.

LORD, why have you rejected me? *

why have you hidden your face from me?

Ever since my youth, I have been wretched <u>and</u> at the point of death; * I have borne your terrors with a troubled mind.

Your blazing anger hás swept óver me; * your terrors háve destróyed me;

They surround me all <u>day</u> lóng like á flood; * they encompass mé on évery side.

My friend and my neighbor you have pút awáy from me, * and darkness is my <u>ón</u>ly compánion.

Deliver me, O LORD, f<u>rom</u> évildóers; *
protect me fróm the violent,

Psalm 140

Who devise évil in their hearts * and stir up strife all dáy long.

They have sharpened their t<u>óngues</u> like a sérpent; * adder's poison <u>is</u> únder théir lips.

Keep me, O LORD, from the hánds of the wicked; * protect me from the violent, who are detérmined to trip me up.

The proud have hidden a snare for me

and strétched out a nét of cords; *

they have set traps for mé alóng the path.

I have said to the LORD, "You are mý God; * listen, O LORD, to my súpplication.

O Lord God, the strength of mý salvátion, * you have covered my head in the dáy of báttle.

Do not grant the desires of <u>the</u> wicked, Ó LORD, * nor let their <u>évil</u> plans prósper.

Let not those who surround me lift up their heads; * let the evil of their lips overwhelm them.

Let hot burning c<u>oals</u> fáll upón them; * let them be cast into the mire, never <u>to</u> rise up ágain."

A slanderer shall not be <u>estáblished</u> on the earth, * and evil shall h<u>unt</u> dówn the láwless.

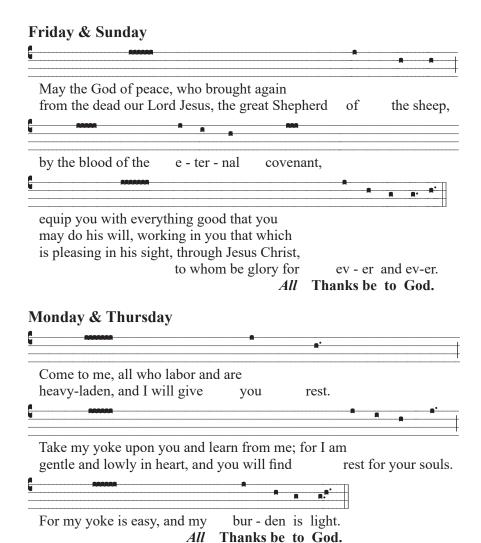
I know that the LORD will maintain <u>the</u> cause of the poor * and render justice to the needy.

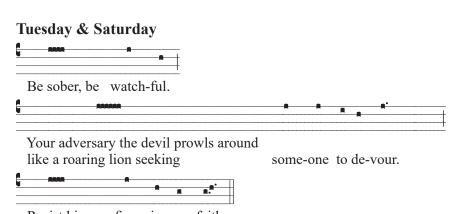
Surely, the righteous will give thánks to your Name, * and the upright shall continue in your sight.

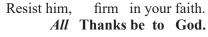
Glory to the Father, and to the Son, and to the Hóly Spírit,* as it was in the begînning, is now, and will be for éver. Ámen.

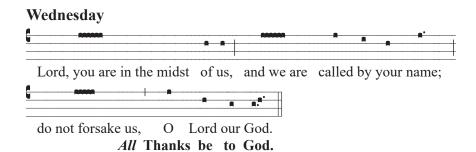
Lesson

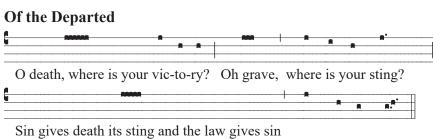
On Saturdays and other evenings when a sermon is to be preached at the next Eucharist, the Gospel for the Eucharist is read. Otherwise the following appointed lesson is chanted.











its power, but God gives us victory over these through our

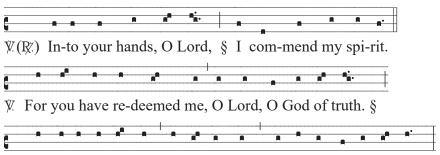
Lord Je-sus Christ.

All Thanks be to God.

Respond

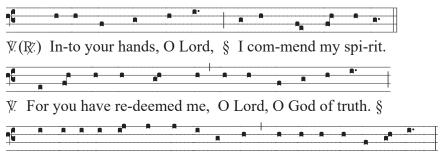
The Long responds are used in appropriate seasons; the Short respond may be used in any season. At Office of the Departed, the Short respond must be used.

Long except in Advent, Lent, and Eastertide.



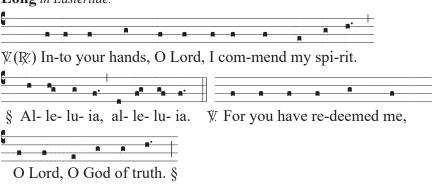
V. Glo-ry to the Fa-ther and to the Son, and to the Ho-ly Spi-rit. *The first line is repeated.*

Long in Advent and Lent.



V. Glo-ry to the Fa-ther and to the Son, and to the Ho-ly Spi-rit. *The first line is repeated.*

Long in Eastertide.



W. Glo-ry to the Fa-ther, and to the Son, and to the Ho-ly Spi-rit. *The first line is repeated.*

Short in any season, and Office of the Departed.



- ÿ. Into your hands, O Lord, I commend my
- spi rit.
- R. For you have redeemed me, O Lord, O God
- of truth.
- (ET) N. Into your hands, O Lord, I commend my spirit.

Alleluia, allelu - ia.

(ET) R. For you have redeemed me, O Lord, O God of truth.

Alleluia, allelu - ia.

Collect

The officiant recites, using the standard form of intoning a collect, any of the following collects (except on Saturday and Office of the Departed), beginning:



Ÿ. The Lord be with you. R. And also with you. Ÿ. Let us pray.

Be our light in the darkness, O Lord, and in your great mercy defend us from all perils and dangers of this night; for the love of your only Son, our Savior Jesus Christ. **Amen.**

Be present, O merciful God, and protect us through the hours of this night, so that we who are wearied by the changes and chances of this life may rest in your eternal changelessness; through Jesus Christ our Lord. Amen.

Look down, O Lord, from your heavenly throne, and illumine this night with your celestial brightness; that by night as by day your people may glorify your holy Name; through Jesus Christ our Lord. **Amen.**

Visit this place, O Lord, and drive far from it all snares of the enemy; let your holy angels dwell with us to preserve us in peace; and let your blessing be upon us always; through Jesus Christ our Lord. **Amen.**

Keep watch, dear Lord, with those who work, or watch, or weep this night, and give your angels charge over those who sleep. Tend the sick, Lord Christ; give rest to the weary, bless the dying, soothe the suffering, pity the afflicted, shield the joyous; and all for your love's sake. **Amen.**

O God, your unfailing providence sustains the world we live in and the life we live: Watch over those, both night and day, who work while others sleep, and grant that we may never forget that our common life depends upon each other's toil; through Jesus Christ our Lord. **Amen.**

Saturday

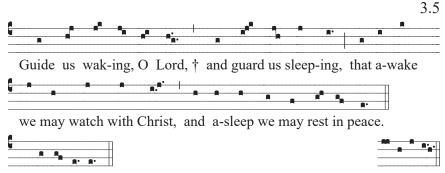
We give you thanks, O God, for revealing your Son Jesus Christ to us by the light of his resurrection: Grant that as we sing your glory at the close of this day, our joy may abound in the morning as we celebrate the Paschal mystery; through Jesus Christ our Lord. **Amen.**

Departed

Look down, we pray, O Lord, upon the souls of all your servants for whom we humbly entreat Your majesty; that they may be counted worthy to enter into everlasting rest; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

Canticle Nunc Dimittis

At Office of the Departed, Glory to the Father... is replaced by the following: Rest eternal grant to them, O Lord, * and let light perpetual shine upon them.



(ET Al-le-lu-ia.)

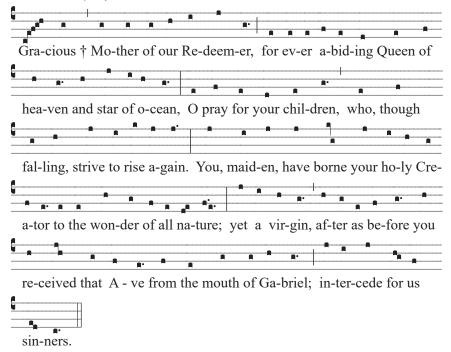
Lord, you now have sét your sérvant free *
to go in peace as you have promised;
For these eyes of mine have séen the Sávior, *
whom you have prepared for all the world to see:
A Light to enlighten the nations, *
and the glory of your péople Ísrael.

Glory to the Father, and to the Son, and to the Hóly Spírit,* as it was in the begînning, is now, and will be for éver. Ámen.

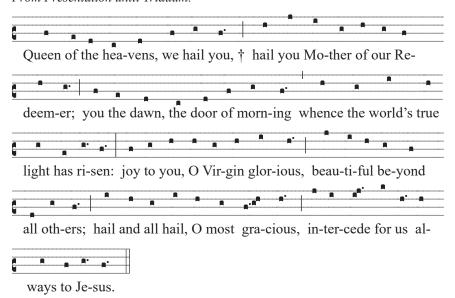
The antiphon is repeated.

Antiphon of the Blessed Virgin Mary

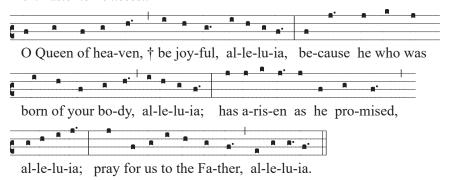
From Saturday before Advent I until Presentation.



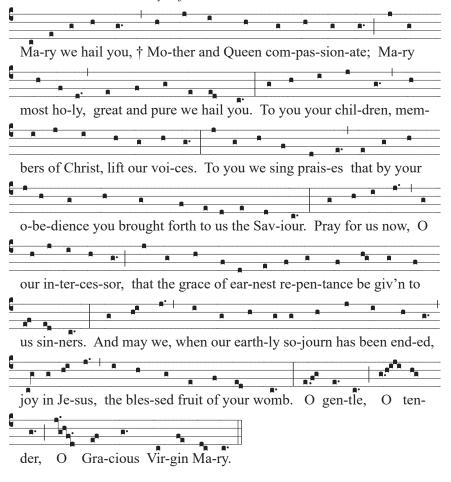
From Presentation until Triduum.



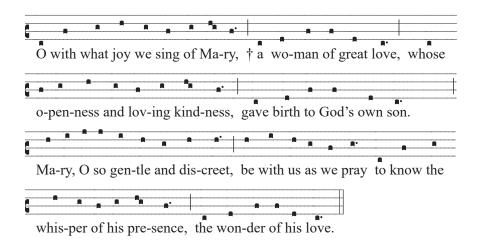
From Easter to Pentecost.



From Pentecost until the day before Advent I.



or the following



A brief period of silence is observed, after which follows:

Officiant May the divine help remain with us always.

All And with those who are absent from us.





Holy Cross Monastery West Park, NY www.holycrossmonastery.com

